

# HEALING WAYS

The Order of St Luke

Autumn 2012



**Almighty God, who inspired your servant St Luke the physician to set out in gospel the love and healing power of your Son: make obvious in Your Church the same love and power for the healing of our bodies and souls; through Your Son, Jesus Christ, our Lord.**

## From the Editor

My Dear Friends

Did you watch much of the Olympics on television, or maybe you were fortunate enough to be present at some of the events? Although I played on the school lacrosse team, I could not say that I took much interest in sport, until I was taught to sail by my children; then my sporting interest was very selective. However, over the time of the intensive competition at the Olympics 2012, I was surprised at how much interest the games generated. There was always a new story of note; an insider knowledge of the true effort that had been invested into the contest. On these islands we have done exceptionally well this time. The list of medals which have been won is impressive. Can it have solely been the massive input of lottery funding that has fuelled our success? Can these triumphs all have been the fact that our athletes are on home territory, supported by colossal and enthusiastic good will? Yet none of these on their own would have led to the achievements recorded. There has had to be the grinding practice, the unending preparation and training, with mentors and coaches pushing and shoving; stretching and cajoling their athletes. It has been a total package of care and preparation of body, of mind, and of spirit. The athletes have had to put in the hours of toil, whether they liked it or not; when they could see success and when it seemed to be an impossible dream. And we have turned on the television or turned to the latest news on the Internet; tuned in to hear the roar of excitement of the crowd as success is in sight.....and often achieved. What a privilege to witness these triumphs, and what encouragement for our young people, to see opportunity grasped and mighty success gained. Many of the athletes have not come from a privileged background of family money or achievement. They are like you and I are – very ordinary people – but people who have seized an opportunity; who have accepted the necessary preparation, training and practice, over and over again, through anguish and pain to achievement. They have reached their goal. These thoughts are even more relevant with the

