

LIVE MUSIC NOW AT HOME

GUIDELINES FOR CARE HOMES USING LMN PRE-RECORDED VIDEOS

Live Music Now is producing a series of free to watch pre-recorded live music concerts lasting around 30 minutes each. These can be found in the Live Music Now at Home video library for care homes here:

www.livemusicnow.org.uk/lmnathomecare

The videos feature LMN Musicians from around the UK, and have been made specially to bring the best in live music from early career professional musicians to people living and working in care homes, at a time when we cannot come to see you in person. They will remain online for a period, so people can watch them when it is convenient, either individually or in groups, and can re-watch them when they wish.

Here are a few tips and ideas to help you to get the best out of the experience.

1. You will need good internet connection to watch; a good Wi-Fi broadband signal or by connecting the device you are using directly to the internet router using an ethernet cable.
2. The concerts can be watched on a computer, laptop or tablet or by connecting a device with internet to a larger screen or TV. Some smart TVs will directly connect to You Tube.
3. Consider using external speakers for better quality sound reproduction.
4. If you haven't used the technological set-up in this way before, try to do a test run before the session (especially with leads/volume, etc)
5. Consider showing the videos at the same time every week and making an event of it, subject to the protocols you are following about safe social distancing
6. You could use the concerts as a way for residents or staff living-in to connect with families and friends outside the home. Let them know what time you will be watching, invite them to do so too, and to share their experiences afterwards.
7. Some of the concerts have simple interactive elements such as clapping or singing along so in advance nominate a member of staff who is confident to lead the room in copying what the musicians are doing on screen.
8. Make sure that any staff present during the session help and encourage residents who find it difficult to engage with the image on the TV/device. In general, the more staff who are able to be in the room and actively taking part in activities, the better
9. After watching, please tell us what you think by completing the feedback forms online

For care team members at: www.surveymonkey.co.uk/r/LMNatHomeCareTeam

For people living in care at: www.surveymonkey.co.uk/r/LMNatHomeIndividuals

10. The residents' feedback forms include a place to make requests for content in future LMN at Home concerts. Although we cannot guarantee that we will be able to include them, we will do our best to do so, and to credit where the request has come from.

If you have any questions, please discuss these with your branch teams, and we will try to find the answer.

These guidelines were written in May 2020, and will be updated from time to time, as we develop our work in this area.