LIVE MUSIC NOW
YEARBOOK 2014
Live Music Now was founded by Yehudi Menuhin and Ian Stoutzker CBE in 1977. Every year, we train over 330 talented musicians to deliver music to people in a wide range of challenging situations; these include older people in care homes living with dementia, children in special schools, isolated rural communities, hospitals and more. In 38 years, more than two million people have benefited from LMN workshops and interactive performances.

We believe live music should play a significant role in society, bringing joy and measurable impacts to the health and wellbeing of individuals and communities. This yearbook tells the stories of some of the people our musicians met in 2014, and the progress we are making in each of our areas of work.
Chairman’s Message

Music and the Mind

When Yehudi and I started Live Music Now in 1977 we were pioneering an idea which is now becoming mainstream science. The responses we witnessed at our workshops and performances were so consistent as to leave us in no doubt that we could make a difference. Now there is a wide recognition of this amongst the medical and educational sectors, and researched evidence has demonstrated that the brain responds to music in a unique and powerful way. Live Music Now has been involved in much of this research.

The applications are wide for children with learning difficulties or disabilities and for people living with dementia, autism and other mental health issues. We have even found that our work with those recovering from brain surgery is showing very encouraging results.

With this greater recognition, we have formed new partnerships with academics, doctors and organisations such as the Mental Health Foundation, the Royal Society for Public Health and the Music Education Council. We are continuing to play a leading role raising awareness of the contribution that live music can make to the lives of children, adults and communities.

Education, social care and health budgets are threatened; the number of people living lonely, isolated lives has increased. In special schools, there are diminishing resources for music provision. Care home budgets are under increasing strain, as more people are living longer. In all these areas, we are active and have introduced targeted projects, such as our ‘Songs and Scones’ and Neuro-Rehabilitation programmes.

Retaining our vision that music can help people in challenging circumstances, we continue to gather momentum, friends and enthusiasm as we go. Evan Dawson was appointed as Executive Director, and he has worked tirelessly to lead our team and develop our work further. I am hugely grateful for the support of my dedicated Governor colleagues and their advisory committee members around the UK. As always, the imagination, expertise and efforts of our staff, musicians and volunteers have played a great part in our success. We are indebted to the many trusts, foundations, public bodies and generous individuals that support our work. It remains a challenge to find the necessary funding, but there is great potential and need for live music to play a greater role in our society.

Ian Stoutzker CBE, Founder Chairman
I joined Live Music Now just over a year ago. Since then, I have had the great privilege of meeting its many musicians, supporters, staff and those who benefit from its work, all around the country. They have experienced many times the way that live music can ‘reach’ people, and bring them together, in ways that nothing else can.

LMN has a tremendous team of people, and a wealth of new supporters too. These include academics in the growing field of ‘Arts and Health’, healthcare practitioners, high profile musicians and special education experts. Julian Lloyd Webber is leading our work with such ambassadors and advisors, as we gather together the growing evidence that live music matters. As we understand the neurology, there are so many implications for new areas of practice. Patients are being prescribed ‘doses’ of LMN music as they recover from brain surgery; those living with loneliness are being brought together with LMN music projects; and autistic children are finding that music gives them a way to communicate and understand the world around them. We are creating new training programmes in these (and more) specialist areas, and new ways to deliver projects. We want to work with NHS commissioners, music education hubs, care homes, hospitals, special schools, community centres, and more, all around the country. Music can deliver so much, to so many, without the risks or high costs that are associated with prescription medications or similar.

One example that I would like to mention is the work we are doing with Dr Jane Povey in Shropshire. Jane has brought together her NHS CCG, local government, mental health services, volunteers, and arts organisations such as LMN. It has resulted in some innovative collaborations, delivering measurable clinical benefits to patients and other service users. Neil Carr, the Chief Executive of the local NHS Foundation Trust wrote this to me:

“What we have experienced is a community coming together, united in music, irrespective that some individuals were experiencing a mental illness or a learning difficulty. This is so fundamental as we begin to challenge society’s values and attitudes towards mental illness and our service users take the journey of recovery: communities need to be inclusive, and that’s what we achieved here.”

Neil Carr OBCE FRCN, Chief Executive of South Staffordshire and Shropshire NHS Foundation Trust

So, thank you for reading this report, and for your interest in Live Music Now. Any support you can give us in hugely welcome. Please do keep in touch, and join us on this journey.

Evan Dawson
THE YEAR IN NUMBERS

123,000

We reached a total audience of 123,000 people through 2,580 interactive music sessions, including:
• 51% for children and young people, 71% of whom have special educational needs or are in challenging circumstances.
• 37% in the area of health and wellbeing of which 77% were for older people.

340

There were 340 musicians on the scheme in 2014. Over the year LMN held 6 series of auditions around the UK. Of 71 groups auditioning, 31 were selected, comprising 82 musicians.

5,341

We provided 5,341 performance opportunities and delivered more than 70 training and mentoring sessions for emerging professional musicians on the scheme. These focused on a range of skills required to deliver stimulating, engaging and creative interactive music activities for LMN’s core beneficiary groups.

For every £1 of investment in 2013-2014

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Direct to musicians (inc travel)</td>
<td>59.4p</td>
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<tr>
<td>Research</td>
<td>5.4p</td>
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<tr>
<td>Training and pastoral support for musicians</td>
<td>10.4p</td>
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<tr>
<td>Communications and advocacy</td>
<td>8.2p</td>
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<tr>
<td>Project co-ordinators</td>
<td>7.4p</td>
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<tr>
<td>Governance, volunteers and administration</td>
<td>9.2p</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>£1.00</strong></td>
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Our complete 2013-2014 audited accounts can be found on our website’s About Us page.
THE KEY TO RECOVERY

Neuro-rehabilitation project wins NHS Award

Congratulations to the LMN musicians, nurses, doctors and patients who participated in the innovation study designed and led by East Kent Hospitals University NHS Foundation Trust and University of Kent’s School of Psychology. Patients recovering from brain injuries were prescribed ‘doses’ of live music as part of their treatment. The project won a runner up award for Outstanding Innovation in the prestigious 2014 Trust Innovation Awards.

The work took place on the Harvey Neuro-Rehabilitation Ward in East Kent Hospitals University NHS Foundation Trusts’ Kent & Canterbury Hospital, with twice-weekly interactive live music concerts over a six-week period, delivered by professional musicians on the Live Music Now scheme. Family members and friends of patients were also encouraged to attend.

Significantly, patients taking part in the innovation study showed immediate and spontaneous improvements in standardised measures of happiness and wellbeing. The majority of the data collected illustrated positive trends, with improvements in wellbeing, pain, cognition functioning, independent functioning and mobility. Other benefits included improvements in the perception by patients of the value of self-care, their engagement with other therapies and support for settling new patients into the ward.

“We intuitively believe in the ability of music to harness the recovery of injured brain and mind. However, hard data doesn’t exist to justify resource allocation.”

Dr Mohamed Sakel, Director/Consultant Neuro-Rehabilitation, East Kent Hospitals
The project confirmed that it is possible to bring live music to a busy and resource-intensive neuro-rehabilitation ward without significant disruption. Given the positive reactions of patients and staff, the next step is to conduct a research study that both applies more sensitive measures of wellbeing and determines how often and what type of music should be played.”

Dr David Wilkinson, School of Psychology, University of Kent

Timothy, aged 20, is recovering at Kent & Canterbury Hospital. His father, Devon, wrote to us after the concert:
‘Timothy certainly enjoyed the concerts, as he loves music. He was not able to sit through the duration of the first concerts he attended, due to his weak condition. However, he clearly wanted to attend. He placed his hands together to applaud the musicians and initially was not able to clap, but by the last weekend he could, in fact, clap, although lightly. It was important for him to be able to bring both hands together to the midline as a kind of therapy and to recover the ability to clap his hands.’

Bob Baker is recovering from Guillain-Barré syndrome, a rare and serious condition of the peripheral nervous system:
‘The music sessions have given me something to look forward to. I have been to four sessions during the time I have been here - the musicians have been very empathetic and enthusiastic. I am recovering fast and have been fairly upbeat, and the music has made me feel good.’

The study is the result of a long-standing research partnership of Dr Mohamed Sakel (Director/Consultant Neuro-Rehabilitation, EKHUFT) and Dr David Wilkinson (School of Psychology, University of Kent) who have completed several studies together on improving care of neuro-rehab patients. Two student researchers (Anna Biller and Katie Richards) designed and administered the measurement system of the programme. LMN would like to thank Dr Stuart Field, who served on the LMN Advisory Committee in London for many years, for inspiring and supporting this project.

The concert series was supported in part by Golsoncott Foundation, Promenaders’ Musical Charities and an anonymous donor. Additional support was provided in kind by Kent & Canterbury Hospital and the School of Psychology, University of Kent. If you would like to further the aims of music in recovery please visit our website or contact 020 7014 2829.
Supporting music-making in special schools across the UK

In 2014, six special schools across the UK hosted LMN Musicians in Residence supported by Classic FM. The pupils heard a range of LMN performances, and also took part in weekly music-making sessions with their resident LMN musicians.

One striking outcome reported by staff was how children, that normally find it hard to engage in group activities, were able to develop their communication and social skills through the musical activities.

Such an observation is well documented in published research and demonstrates just how vital it is for children with additional needs to have access to regular music-making. LMN advocates this strongly, providing concerts and projects in special schools throughout the UK.

Sam Jackson, Classic FM’s Managing Editor, said: “We’re delighted that funding raised from Classic FM’s listeners has enabled hundreds of children in special schools to enjoy inspirational performances and specialist workshops by talented professional musicians from Live Music Now.”

LMN percussionist Rhys Matthews and students from St Christopher’s School, Wrexham, Wales.
LMN percussionist Rhys Matthews describes how one pupil in particular was drawn into the sound world of percussion.

“Ben, a pupil with visual impairment, was part of my Thursday morning group and instantly stood out from the crowd. A teacher had mentioned to me that he responds to music more than any other subject or activity in school. It was clear that not only was he fascinated by the music I played, but also had a strong physical reaction to it.

I brought a range of percussion instruments into school to use in the workshops. During the initial sessions, we explored the instruments through musical games. This was ideal for Ben as he used his heightened senses of sound and touch to participate fully in the group.

Having successfully taken part in the initial group activities, Ben was filled with confidence and he became more skilful and verbal as the sessions progressed. He began to experiment with the instruments to express his ideas during composition activities: in one session staff were particularly struck when he played a percussion instrument whilst singing - something that they hadn’t seen him do before. He got a warm round of applause from staff and pupils afterwards.

In the final sessions he began to ask if he could perform alongside me. I asked if he would like to lead the Samba activity. He had listened intently to what I had been practicing with the group in previous sessions and led the Samba with confidence and skill. His progress over the sessions was impressive and a delight to see.”

Julian Lloyd Webber
Live Music Now’s **Songs and Scones** programme brings together older people who live on their own or in care homes for an afternoon of excellent music, tea and conversation. Each session begins with an informal participatory concert led by professional LMN musicians, trained to work with older communities and those living with dementia, followed by time for refreshments and socialising. Presenting the music in the form of a regular social event and giving everyone an active choice of programme provides an excellent forum to make new friends, build optimism, confidence and self-esteem.

Our careful and consistent approach to monitoring events and gathering feedback from participants has shown that taking part in Songs and Scones produces a range of benefits including improved social life, greater sense of community and belonging, enhanced mood and widened cultural horizons, all of which contribute to an overall sense of wellbeing. Through participation in social music programmes like Songs and Scones, we can help increase our resilience and ability to face the challenges of living independently as we age.

**“I don’t get out very often. At Songs and Scones I see old friends and chat with new people. It’s better than any medicine!”**

Audience member

*Ryedale, North Yorkshire Songs and Scones*

**Aberdare, Wales**

Five years ago, LMN Wales and Rhondda Cynon Taf Cultural Services partnered together to present a monthly series of participatory concerts entitled ‘Songs and Scones’ at the Coliseum in Aberdare, consistently filling the theatre’s café bar and inspiring enthusiastic responses from older residents of the Cynon Valley. The series is still going strong - with many attendees coming every month for the past five years.

**Although a simple idea, this project is changing lives.**

**Westcombe Brass with Songs and Scones audience members in Aberdare, Wales.**
London
In London, Kings Place and The Forge have both hosted Songs and Scones. In September 2014, LMN volunteers Sue Heiser and Trudy White coordinated a pilot concert for over 100 attendees at Alexandra Palace, a place many older local people have fond memories of visiting as children. Sue liaised with local care partners and Trudy hit the pavement to drum up support from local businesses. The demand outstriped the places available, and many day centres and clubs had members draw lots to attend. The result was truly an occassion to remember.

LMN’s South East branch has recently secured funding for ten more Songs & Scones events across London in 2015.

Ballywalter, Northern Ireland
Our newest Songs and Scones series is taking place from October 2014 to May 2015 in Ballywalter, with funding from Community Foundation for Northern Ireland, The Turkington Fund and Asda Community Champions.

Ryedale, North Yorkshire
Live Music Now North East and Ryedale Carers Support have been running monthly Songs and Scones concerts in Amotherby Village Hall since April 2013. The project was supported by Ryedale District Council and Malton CIC in 2014. You can see a short film on the impact of Songs & Scones on people living in North Yorkshire here: vimeo.com/livemusicnow/songsandscones

Nottinghamshire
Nottinghamshire County Council brought in Songs and Scones on a monthly basis at Worksop library initially in the Spring of 2014. The Whitaker Trust provided additional funding needed to keep the series going until early 2015. The programme’s roaring success in Worksop has led to a pilot in Nottinghamshire’s West Bridgford library as well.

For information on how to organise a Songs and Scones in your community, or for information on how to attend an existing Songs and Scones, contact your local Live Music Now branch, ring the UK number: 020 7014 2829 or email info@livemusicnow.org
ON A GOOD DAY

Improving mental health and wellbeing for Londoners through music

Launched at the end of 2011, On A Good Day aimed to improve wellbeing for Londoners living with mental illness and mental health problems. The increasing number of requests that they were receiving from organisations working in the field.

Between September 2011 and June 2014, Live Music Now delivered a total of 220 music sessions reaching over 1,000 people and involving 60 LMN musicians and alumni. Sessions took place in 25 mental health settings including psychiatric units, residential and day settings, working with a range of vulnerable people including older people, refugees and asylum seekers, and the homeless.

We created a range of sub-projects responding to the different needs of participants. The nature of the music sessions varied enormously involving participatory performances, residencies, singing and composition workshops, one-to-one mentoring and a mix of musical genres.

Working with an external evaluator, we carefully tracked the impact that these projects had on the lives of the people involved. In many cases it led to some profound and moving experiences.

“At the end of 2014 we find ourselves in a very different place from four years ago. Live Music Now staff and musicians have found working on the project challenging, exciting and rewarding and have learnt a great deal along the way. We have gathered much data over the course of the project which demonstrates that the project has had a real impact on individuals and their lives.” Erica Lang, Project Manager and Trust Fundraiser, Live Music Now (South East).

Harrow Community Choir. Photo Credit: Simon Jay Price.
Raja’s Story

Raja is from Iran where he was a professional violinist in one of the leading orchestras. When we met him through The Forum in 2011, he had not played the violin for several years due to harsh and discouraging experiences both in Iran and in the UK. Over three years, Raja was mentored by LMN alumni and violinist Kokila Gillett-Khan as part of LMN’s On A Good Day project.

The early stages of the mentoring relationship were concerned with encouraging Raja to re-engage with the violin and practical tasks such as repairing his broken instrument. However by the end of the first year he was playing again, obtained a distinction in his Grade 7 violin exam and performed at an event organised by The Forum and The Refugee Council. In the second year, having been granted refugee status, Raja was encouraged by Kokila to access a chamber music ensemble course at London’s City Lit. At the end of Year 3 he performed at the On A Good Day celebratory performance at The Forge and had formed a duo with another musician with whom he was starting to seek performance work.

“When I was working with Kokila I felt better as I was playing with a professional musician after such a long time. She gives much confidence by her words and the way that she teaches.” Raja

Funding for ‘On A Good Day’ was provided by City Bridge Trust (Y1-Y3), The Adrian Swire Charitable Trust (Y2) and The Brook Trust (Y2&Y3). For a copy of the full evaluation report, please email erica.lang@livemusicnow.org

One woman was very disorientated. Her mind was full and she was preoccupied and cut off. Her body was rigid and bent. Her face worked and she was engaged in internal conversation, a conversation obviously uncomfortable, haunted. But by the end of the musicians’ performance, her face was clear and smiling, she was engaged with the world around her, looking warmly at people, sitting at ease on her chair.”

St Charles Hospital Mental Health Centre, Westminster
LMN musicians Dan Walsh (banjo) and Nic Zuppardi (mandolin) of The Absentees delivered eight sessions in the Southborough Nursing Home in Surbiton. There they met resident and retired singer Glen Mason. The Scottish singer had a string of hits in the 50s and 60s and featured regularly in film, radio and television. Sadly, Glen died at the end of last August. As you will read in the excerpt from LMN musician Dan Walsh’s blog to the right, Glen’s music and spirit had a great impact on everyone he met.

The project was part of a larger series of residencies in care homes across the UK where retired professional musicians are resident, funded by Help Musicians UK (formerly Musicians Benevolent Fund). The residencies form part of the LMN national programme of work with older people, many of whom are living with dementia.

Using LMN’s embedded training model, musicians were mentored by more experienced alumni and benefitted from the development of their creative practice, delivery and musicianship, not to mention the rich musical history and experiences of retired musicians they were performing to (and often with!)

Live Music Now’s approach contributing to a growing body of evidence that taking part in arts activities (and in particular music and singing) can offer a range of benefits for older people, including those with dementia.

For the past few years, Live Music Now has given me some of the most rewarding work I have ever done, but this particular residency has changed my life forever.

It struck me throughout the whole residency how powerful music really is. Many of the residents didn’t know where they were sometimes, couldn’t hold much of a conversation and, painfully, some struggled to recognise their own family when they were present. But sing a song they knew and they sang it word perfect from start to finish.

Most moving of all was the impact on the legendary Glen Mason. After the first week we went away and learned an old hit of his called What’s Cooking Baby which we played at the second concert. Glen recognised it and by repeating the same line a few times we got him to sing along and he enjoyed that though it made him very emotional afterwards and us too for that matter.

We learned a couple more of his songs through the residency, the real hit being Glendora which was his biggest hit back then and his favourite. He sang along very enthusiastically with this one and as the weeks went by needed less and less prompting. He seemed so happy and joyful at singing again as it was obviously still such a big part of him as was being a showman. At the very end of the residency, we sang songs which had also been very popular with the residents through the concerts and Glen sang his heart out. I went and sat next to him on the last chorus and sang with him and I’m not ashamed to say there was a tear in my eye.

Dan Walsh’s upcoming album, Incidents and Accidents includes a song inspired by his experience working with Glen called, The Song Always Stays.
In 2014, the Orders of St John Care Trust (OSJCT), University of Essex and Live Music Now formed a unique partnership to develop a pilot tool to measure the psychosocial effects of high quality live music performances on older people who are limited in their ability to communicate, including those living with dementia. During the summer of 2014, researchers measured the impact of ten live music concerts delivered by specially-trained LMN musicians in a residential care home in Oxford.

The study was led by Dr Murray Griffin and Dr Louise Marsland of the University of Essex Ageing and Assisted Living Network, testing a model they are developing to capture and measure soft outcomes which demonstrate enjoyment and engagement, such as laughter and participation, and even length of smiles. Small changes in these indicators can be highly significant. The study took place at Longlands, a residential care home in Oxford run by OSJCT, where a number of the residents are living with dementia.

Residents and care teams at Longlands were interviewed for their views on the possible impact of the live music concerts on the residents’ wellbeing and in turn how it has affected their understanding of residents, and consequently their relationship with them.

This project will contribute to the process of gathering evidence about the use of music for people living with dementia. They will inform future work and collaborations, and should help us advocate for more music in all dementia care settings.

“Universally across our 71 homes, home managers and care teams recognise the positive impact live music can have upon residents and particularly those with the most profound of dementias. As a Trust, we are fortunate, therefore, that our Chief Executive and Trustees are committed to funding and supporting this project.” Victoria Elliot, Principal Consultant for Research & Innovation, OSJCT.

BBC Oxford News filmed one of the sessions in June 2014. You can watch an excerpt here: vimeo.com/livemusicnow/bbcoxfordnews

“Whilst the use of music in the treatment of dementia is well researched, none has used observation of aspects of engagement via video recording before, during and after interactive music sessions provided by highly talented young professional musicians.”

Dr Murray Griffin, University of Essex
UNLOCKING POTENTIAL

LMN develops new training models for musicians working in special schools

Last year, we piloted year-long residencies with 12 schools in England identifying the key ingredients for a successful programme. As part of the residency in Springwood Heath School, pupils worked with LMN musicians Carla and Gemma to create and perform their own ‘pirate music’. You can see a short film we made of their celebratory concert here https://vimeo.com/91318330.

In 2014 we launched a more specialist strand of the work, piloting projects in three different types of settings: Autism specific schools, Pupil Referral Units and schools for children with Emotional, Social and Behavioural Difficulties.

The project has given me the experience to communicate a creative and educational idea to a school and its staff, and coordinate it in a way that will be accessible, feasible and entertaining for everyone involved. These are skills that I will be able to use in the future.”

Ali MacDonald, LMN jazz musician

For some children on the autistic spectrum - maybe as many as 1 in 20 - music may simply be the most important piece in the puzzle, into which all the others fit.”

Professor Adam Ockelford
Music, Language and Autism (2014)

Live Music Now has a long history of taking inspiring performances and workshops into special schools across the UK, often providing children with their only opportunity to hear live music performed by professional musicians.

Thanks to the generous support of the National Foundation for Youth Music, we have been developing new ways of working with special schools through our ‘Musicians in Residence’ projects.

During a twenty-week residency, LMN musicians are delivering concerts for the whole school and leading weekly small group music sessions, engaging the children in musical activities which build their personal, social and musical skills. Schools benefit from having a music specialist in the teaching environment, whilst LMN musicians grow both professionally and personally as they develop skills to engage and inspire children with a range of needs and abilities. Musicians are supported by a LMN mentor and work closely with school staff to maximise the impact of their sessions.
In the summer of 2014, music education was under serious threat. The coalition government in England was in the process of expressly advising local authorities to completely stop funding music education services.

LMN musicians provide music sessions for special schools all around the UK, giving children experiences that can have a profound impact on their wellbeing and ability to communicate. We can only do so where local authorities and charitable donors make it possible. The system is already straining at the seams, and if local authorities remove their funding, the impact on children would be significantly damaging.

LMN responded to the Government’s proposal and asked that they withdraw the recommendation and commit fully to supporting music education. We also encouraged our musicians and supporters to do the same through the ISM-led Protect Music Education campaign. The campaign united 135 organisations from across the music sector and helped deliver more than 5,000 responses to the consultation.

The campaign was successful. Protect Music Education is now working to fight for a firm funding commitment from all political parties up to 2020.

Live Music Now signed an historic agreement with national leaders in Arts and Health

In September 2014, Live Music Now signed a Memorandum of Understanding with the Sidney De Haan Research Centre for Arts and Health, together with the Royal Society for Public Health, British Lung Foundation and the Mental Health Foundation.

The Sidney De Haan Centre is internationally recognised for its commitment to researching the potential value of music, and other participative arts activities, in the promotion of wellbeing and health of individuals and communities.

This progressive step in the relationship between these five major national organisations is a key step towards future collaborative research projects to help promote the physical and psychological benefits of participating in arts activities for improved general health.

“Research is not sufficient by itself to change the perceptions of how arts can benefit general health and wellbeing. We need to be able to work together and share knowledge to address the bigger issue: persuading health commissioners and policy makers of the importance of being able to offer arts on prescription.” Professor Stephen Clift, Director of the Sidney De Haan Research Centre at Canterbury Christ Church University.
It was August 24th, 1984, the Edinburgh Festival and Fringe were in full swing, and a small crowd gathered for lunch in Edinburgh’s St Andrew Square to celebrate. A handful of musicians provided the entertainment, and Carol Main, freshly appointed as the Scotland Branch Director, was there.

Looking back over the past thirty years, Carol is pleased to see how far the branch has come. “In that first year, 1984, we had six duos, and presented around sixty concerts. In 2014 we put on more than 600 concerts, and worked with over 100 musicians.” Carol enjoys watching emerging, young musicians build up their careers and become more confident performers - and feels proud when she spots LMN alumni now playing with the likes of Scottish Opera, Hebrides Ensemble, the Royal Scottish National Orchestra and the BBC Scottish Symphony Orchestra.

In her role as director of Live Music Now Scotland, Carol’s job has involved supporting the careers of up-and-coming musicians, helping their professional development and, crucially, organising performances in schools, care homes, prisons and far-flung locations, as well as with regular partners such as National Museums Scotland and National Galleries of Scotland.

**2014 highlights with LMN Scotland**

**Singers visit Mull as part of Luminate, Scotland’s creative ageing festival**

Traditional singer Robyn Stapleton used to work as a carer for people with dementia. Now, the winner of 2014’s BBC Radio Scotland’s Young Traditional Musician of the Year award is using her experience to show how beneficial music and singing can be for people living with dementia.

“Through my work as a carer in a home for the elderly and as a performer with Live Music Now Scotland, I have come to know many people with dementia. I have seen how much music and song can improve a person’s quality of life, helping people to express themselves and bringing back their memories.”

Live Music Now Scotland invited Robyn and fellow folk singer Claire Hastings to be involved in Time for Traditional Tunes, a brand new Live Music Now
Scotland initiative supported by Luminate: Scotland’s creative ageing festival, and presented as part of the 2014 festival. Claire and Robyn, both originally from Dumfries and Galloway, met while studying Scots Song at the Royal Conservatoire of Scotland four years ago and now perform together as a vocal duo.

New quartet by Alasdair Nicolson commissioned by LMNS for the Astrid Quartet
In celebration of Live Music Now Scotland’s 30th anniversary, a new string quartet was commissioned from Alasdair Nicolson with funding from Kimie Trust. The Astrid String Quartet premiered the work at the St Magnus Festival in Orkney on 24 June and also performed in a series of concerts funded by the Robertson Trust in Orkney care homes, day centres for adults with disabilities and for children with additional support needs. Demonstrating the span of Live Music Now Scotland’s reach throughout the country, the second public performance of String Quartet No 2, The Keeper of Sheep, took place on 22 July as part of the Music at Paxton festival in Paxton House in the Scottish Borders.

If it wasn’t for their wellies...
Drawing on the shared heritage, memories and war impressions of generations of families in communities associated with the North British Rubber Company (which supplied the British Army with vital supplies such as rubber boots and fire hoses in WWI), ‘If it wasn’t for their wellies’ brought together Edinburgh’s older residents with Live Music Now Scotland singers and pianists under the charge of composer John Maxwell Geddes.

Following Live Music Now Scotland’s unique compositional model, Composing with Care, source material from older people was gathered by LMN Scotland soprano Emma Versteeg with accompanist Maryam Sherhan and alumnus Phil Gault, baritone, with accompanist Geoffrey Tanti. They performed at older people’s venues and thereafter engaged residents in discussion about WWI and the role the North British Rubber Factory at Castle Mills in Edinburgh played in it. Hours of extremely interesting memories, stories and songs were then passed to Maxwell Geddes who used this as a stimulus and inspiration to create the new suite of songs.

Mezzo-sopranos Jemma Brown and Laura Margaret Smith premiered the new song cycle in August in the care homes and centres that inspired their composition as well as at a number of public events. As with all LMN commissions, the songs will have a life well beyond the project end with musicians incorporating them into their performances across Scotland and beyond.

‘A Castle Mills Suite’ by John Maxwell Geddes was co-commissioned by LMN Scotland and 14-18 NOW, WW1 Centenary Art Commissions.

"As a singer of traditional music, I particularly enjoy performing to the older generations because they often have a strong connection with the older Scottish songs."
LMN Scotland musician, Robyn Stapleton
LMN’s International Development Initiative promotes exchange programmes with existing LMN organisations in Europe and supports emerging LMN programmes abroad, providing additional professional development opportunities for musicians and raising LMN’s profile both nationally and internationally.

**European Exchange Programme**
In 2014, LMN exchanged musicians with LMN branches in Austria, Denmark, Germany and the Netherlands. Support was given to launch Live Music Now in Bulgaria and pilot performances were given by flute/piano duo Silviya Mihaylova and Nikola Kyosev. Additional performing opportunities for musicians from the UK were in Estonia, at the invitation of the Tallinn Philharmonic Society, and Paris, at a British Council event hosted by the Scottish Government Cabinet Secretary for Culture and External Affairs.

**International Residencies**
A second 3-month mentored residency, funded by Creative Scotland’s Creative Futures, was completed in Mumbai, India with LMN singer Jamie Munn who worked with street children and local outreach music leaders and teachers. LMN continues to develop its relationship with Abu Dhabi Music and Arts Foundation with a residency at the Future Centre for children with additional support needs in early 2015.

**Live Music Now and Fishguard International Music Festival**
During the year, LMN works with arts organisations and festivals throughout the UK, to provide our talented professional musicians with additional performing opportunities linked with music outreach work.

Live Music Now musicians have been performing as part of the Fishguard International Music Festival for over twenty years. Staged in one of the most beautiful corners of West Wales, the festival presents some of the finest Welsh and international musical talent in a 12-day celebration of classical music that includes visiting orchestras, chamber ensembles, opera and solo artists.

This year LMN musicians Hannah Stone (harp) and La Mer Trio not only performed as part of the Festival’s public programme, but also as part of the festival’s outreach programme with performances in residential homes, and a local special school. Jessica Robinson (soprano) and Llywelyn Ifan Jones (harp) performed for Pembrokeshire Mind organisation and a local sheltered accommodation. LMN alumnus, Morgan Szymanski, performed work from his Sketches of Mexico album as part of the public programme on the 29th July 2014.
After two and a half decades of dedicated service to Live Music Now, Gillian Green retired from her role as Director of Live Music Now Wales in October 2014.

Gillian led LMN’s Welsh operation with flair and dedication. She was the very first Welsh Director, having helped create the branch in 1990 with LMN Governor (now Vice-President) Lady Crickhowell and LMN Founder Ian Stoutzker. Since that time, the branch has gone from strength to strength, is hugely well-regarded, and is one of very few (if not the only) arts organisation to work in every county in Wales.

Gillian has also contributed to the musical life of Wales by establishing Telynau Morgannwg and Coleg Telyn Cymru (Glamorgan Harp Guild and the Welsh Harp College), being a member of the Music Panel of the Arts Council from 1995, one of the National Advisers until 2012 and a member of the Executive Committee of Ty Cerdd. She was Artistic Director of Criccieth Festival from 2003 to 2007, Vice Chair of the Arpa Viva Cymru Festival in 2007 and has been Co-Artistic Director of Fishguard International Music Festival since 2013. She is a Trustee and Adjudicator for the Kenneth Loveland Gift and is Wales’s Honorary Area Representative for the Royal Society of Musicians. A generous spirit and warm, modest character has meant that you never appeal in vain to Gillian for help.

Canu’n iach yng ngwlad y gan. We wish you a lovely partial-retirement Gillian!

Gillian’s legacy is in safe hands. Our new Wales Branch Director, Claire Cressy is working with Welsh Chair Baroness Morgan of Ely (Eluned Morgan), Fran Wilson (Administrator and Project Manager) and a dynamic team of volunteers in our new office in Cardiff Bay.
It is a source of joy to me that, even in these troubled and materialistic times, so many wonderful young musicians are inspired to use their gifts and accomplishments, not for their own glorification merely, but to communicate with others.”

LMN Founder, Yehudi Menuhin

LMN 2014 YEARBOOK

LMN MUSICIANS 2014

LMN selects and invests in the best musicians in all genres of music, offering them a range of unique performance experiences and developmental support that shapes their future career. We have over 330 musicians on the scheme at any one time. Musicians can expect to stay on the scheme for a minimum of four years.
Piano

Jessica Mei Zue (Piano)

Plassportid Plate Oo

Nabhan Triner

Alyssa Zaiter

Percussion

Cymbric

Ross Barrett (Marimba, Percussion)

James Bower (Marimba, Percussion)

Kodie Percussion Duo

Rhys Matthews

Emma Crosseby

Percussion Duo

Jennifer Palmerman (Percussion)

Gwen Williams (Percussion)

Brass Ensemble

Bells Up

Holly Addis (Trumpet)

Eoin Turner (Trumpet) until Dec 2014

Calum Turner (Trumpet) from Dec 2014

Andrew Mcllvan (French Horn)

Oliver D Donaldson (Trombone) until Oct 2014

Christopher Manfield (Trombone) from Oct 2014

Rachel Brown (Tuba)

Brass Diversions

Tom Poulson (Trumpet)

Christopher Baxter (Piano)

Granny Green

Holly Addis (Trumpet)

Rachel Brown (Tuba)

Lucy Storr (Accordion)

Prya Brass

Iain Ashcroft (Trumpet)

Andrew Connell-Smith (Trumpet)

Christopher French (French Horn)

Christopher Manfield (Trombone)

Daniel Price (Tuba)

Quintile Brass Ensemble

Stephen Penrysdall (Trumpet)

Sam Kendle (Trumpet)

Emily Alien (French Horn)

Katherine Hart (Trombone)

Ed Leach (Tuba)

Slide Six For

Daniel Edmond (Trombone)

Christopher Manfield (Trombone)

Alexander Trotter (Trombone)

Josh Walters (Trombone)

Slide: About

Paul Edon-McGuinness (Trombone)

Steve Jones (Trombone)

Nicholas Birch (Trombone)

Matthew Dewney (Trombone)

Whistlebusk Brass

Niall Moloney (Trombone)

Paul Edon (Cornet)

Alexander Joyce (French Horn)

Emma Basset (Trombone)

Joseph Palmer (Tuba)

British, Irish Folk & Traditional Music

The Albatross

Evan Welsh (Banjo, Guitar, Vocals)

No. Zuppardi (Melodion)

Alesby Hamil & Alistair Paterson

Andrew Hamil (Voice)

Alistair Paterson (Piano, Harp, Piano, Harmonium)

The Atlas Trio

Jim Boyle (Fiddle, Vocals)

Dave Gray (Accordian, Melodion)

Matthew Jones (Piano)

Amish Mix

Grant MacFarlane (Accordian)

Marianne Fraser (Fiddle, Vocals)

Ron Jappy (Guitar, Fiddle, Piano)

Bright Season

Michael J Turner (Fiddle, Vocals)

Eile Spring (Fiddle, Nyckelharpa, Vocals)

Simon Dunplent (Accordian, Vocals)

Cherry Green

Marianne Fraser (Vocal, guitar)

Grant McFarlane (Accordian)

Sarah MacMillan (Clarasch)

Heather Shelly (Piano)

Mhairi MacKinnon (Harp, Vocals)

Claire Hastings & Robin Staglton

Giles Hastings (Voice, Ukulele)

Robin Staglton (Voice)

David Foyd & Jack Staglton

David Foyd (Guitar, Banjo, Fiddle, Banjo)

Jack Staglton (Fiddler)

David Foyd & Tom Staglton

David Foyd (Guitar, Fiddle, Banjo, Fiddle)

Freya Rau & Louis Bingham

Freya Rau (Flute, Penny Whistle, Clarinet)

Louis Bingham (Banjo, Bouzouki, Acoustic Guitar, Boothram)

Gillian Brady & Ryan Murphy

Giles Brady (Fiddle)

Ryan Murphy (Uilllimin Pipes, Fiddle)

Hedde

Ricky Power (Vocal)

Will Power (Melodion)

Jeanne Leslie & Siobhan Miller

Jean Leslie (Fiddle, Piano)

Siobhan Miller (Voice, Step-dance)

Jez Foyd & Matt Downer

Jez Foyd (Guitar, Banjo, Fiddle, Banjo)

Jack Staglton (Fiddler)

Jez Foyd & Tom Staglton

Jez Foyd (Guitar, Fiddle, Banjo, Fiddle)

Katie's Allsorts

Karen Patrickson (Percussion)

Ara Ayn (Keyboard)

Peter Owen (Guitar, Bass)

Knee & Arm

Tom Ross (Guitar)

Fazer Knox (Guitar)

Victoria Geelan Trio

Victoria Geelan (voice)

Daniel Lyttle (Drums, Double Bass)

Neil Burns (Piano)

Jazz

Alien Zawadski & Maisie Pye

Alice Zawadski (Voice, Violin)

Maisie Pye (Guitar)

Bill Fleming Quartet

Bill Fleming (Saxophone)

Paul Tracey (Electric Guitar)

James Lindsay (Double Bass)

Scott Mackay (Drums)

Katies' Alzorts

Katie Patten (Percussion)

Ara Ayn (Keyboard)

Peter Owen (Bass Guitar)

Knee & Arm

Tom Ross (Guitar)

Fazer Knox (Guitar)

World

Ghana

Simone Lamasse (Drums, Grappelli, Vocals)

Abdul Aziz (Percussion, Jamme)

Afya Sackey (Jamme, Vocals)

Josh Doughty (Sax)

Mozzal

Ollie Dever (Drummer, Saxophone)

Afar Ayen (Accordian, Piano)

Craig Scott (Guitar)

Project Jam Sandwich

Kate Foster (Vocals)

Abel Salcedo (Guitar)

Delia Stevens (Percussion)

Yennega Skaud

Ahd Rambani (Guitar, Jamme)

Mouza Dembel (Bass, African, Vocals)

Early Music

Kirstie Ensemble

Kath Binnie (Soprano)

Andrew Roper (Viola)

Mhairi Berko (Loe, Oud)

Sarah Langton (Recorder)

Ben Mitchell (Electric Guitar)

Tymuuse Jozwik (Bass Drum)
GOVERNANCE, COMMITTEES & ADVISORS 2014

Founder
The late Yehudi Menuhin

Patron
His Royal Highness The Prince of Wales, KG KT GCB

Founder Chairman
Ian Stoatzker CBE

Vice-Presidents
Mrs. Jonathan Carr
Lady Crickhowell
The Hon Elizabeth Fairbairn, MBE
Mrs. Pamela Hobson
Lady Newbigging

Itzhak Perlman
The Lady Polwarth

Governors
The Hon Elizabeth Fairbairn, MBE (Ret’d June 2014)
Lady Fell
Colleen Keck
Baroness Morgan of Ely
Amanda Platt
Lady Scrope
Alasdair Tait

Regional Advisory
Committees

South East
Chair: Alasdair Tait
Stephen Blankley
William Chiven
Sarah Field
Jr Harris
Sue Heiser
Anusha Subramaniam
Jude Sweeting
James Williams

North East
Chair: Amanda Platt
Dorcas Adob MBE
Eric Cross
Fiona Gaffney
Fiona Laughlin
William Gayler

North West
Chair: Jennifer Port
Michelle Alcorn
Bobbie Bergen
Ramesh Chada
Kate Ingram
Ian Lyndsay
Prof Frank Lyons
Paula McHugh
Shruti Poddor

South West
Chair: Susan Black
Prof Michael Alcorn
Bobbie Bergen
Ramesh Chada
Kate Ingram
Ian Lyndsay
Prof Frank Lyons
Paula McHugh
Shruti Poddor

Wales
Chair: Baros Morgan of Ely
Treasurer: Stephen Titmuss
Magge Dunning (ACW Lead Officer)
Elen ap Roberts
Lulu Burridge
Rachel Jones
Gareth Lewis
Philip Lloyd-Evans

LMN Scotland
Board of Trustees
Chair: The Hon Elizabeth Fairbairn MBE
(Until 31 March 2014)
Chair: Garry McCann (From 1 April 2014)

Ms. Antonea Bruce
Mr. Frank Hinchman
Mr. Robert Livingston
Mr. Geoff Mann
Mr. Linda Ornstein, DBE
Mr. Andrew Platt
Mrs. Jennifer Port
Mr. David Todd

NMN Honorary Music Advisor
Mr. Garry Walker

Audition Panel
Members 2014

Warwick Armstrong
John Bacon
Mike Baker
Jemma Brown
Marion Byrdin
Sally Burgess
Richard Chester
Katherine Durrant
Geoff Edens
Joel Garthwaite
Gary Innes
Hol Jones
Rachel Latham

MenTors, Trainers & Independent Evaluators 2014

Mentors
Georgina Ax Joard (Alumna)
John Bacon (Alumus)
Abigail Burrows (Alumna)
Harriet Ears (Alumna)
Koko Dhall Khan (Alumna)
Shirley Keane (Alumna)
Nan Linelwellyn Jones (Alumna)
Angus Lyon (Alumus)
Jennifer Port (Alumna)
Pamela Graham
Geth Griffith (Alumus)
Diane Hooper (Alumna)
Ros Hawley (Alumna)
Gary Innes (Alumus)
Peter Laker (Alumus)
Philip Lloyd Evans (Alumus)

Ali MacDonald (Current Musician)
Gillian Rosebethuk (Alumus)
Thomas Sherman (Current Musician)
Lenny Sayers (Alumus)

Nenors
Ali MacDonald (Current Musician)

Trainers
Graham Dowell
Laura Grice (Alumna)
Ros Hawley (Alumna)
Pamela Heaton
Professor Adam Ockelford
Julian Wool (Alumus)
Judith Walsh

Evaluators and Observers
Pamela Graham
Sue Heiser
Imogen Noble
Professor Pamela Heaton
Catherine Sutton
Live Music Now learned with great sadness that former LMN Governor, Christopher Yates, died on 22 November 2014. We received an outpouring of comments and memories from former and current staff, alumni musicians and Board members.

Ian Stoutzker, CBE LMN Founder-Chairman

Chris Yates represented the North West branch on the Live Music Now Board of Governors between 1994 and 2012, succeeding Ida Carroll. Chris himself was a leading figure in the RNCM and became their first Vice Principal in 1990. His association with Live Music Now was valued greatly by all. He brought a clear insight into the development of the scheme and his contribution was always creative. I worked with him during the time when he was also the Chairman of the Musicians Benevolent Fund and he made the first significant moves to bring the organisation and its activities more relevant to the changing times. He did so in a quiet manner that brought all with him and laid the foundation for the later and more recent developments.

Alasdair Tait, LMN Governor

LMN Alumnus and YCAT Executive Director

Throughout my career, Chris was always one of the most supportive and generous of figures, full of wise counsel and humorous asides. At the heart of Chris’s life and work was a genuine passion for educating and developing young talent, helping them to learn how to communicate their own passion to any audience they encountered. His commitment to the work of Live Music Now over the years is testament to his unswerving belief in the healing power of live performance.

Sarah Derbyshire

Former LMN Executive Director, 2003-2012

Chris Yates was an exemplary Governor of Live Music Now. As a musician, educator and manager, he brought a wealth of skills and experience to the Board. His detailed knowledge of the North West region enabled him to support a distinctive approach to the development of that branch, which grew to serve an array of talented young musicians and a wide range of social settings. At the same time, he was able to stand back and view the picture UK-wide, so that his contributions had an impact for the scheme as a whole. Thanks to Chris, the lessons learned in the North West branch could then be applied in other branches: the continuing refinement of LMN’s business model owes much to the approach which Chris encouraged in the North West.

Chris’s profound understanding of the challenges which face young performers as they emerge into the profession was particularly evident when auditioning musicians for the scheme. Not only did he have an acute musical judgement, but his insightful questions and suggestions helped both the panel and the musicians themselves understand how they might best address LMN’s demands both for artistic excellence and empathetic communication skills.

More comments can be read on:
www.livemusicnow.org.uk/lmn_news
Funders and Partners 2014

UK

Funders

Arts Council England
Creative Scotland
Arts Council Wales
Arts Council Northern Ireland
Youth Music
The Headley Trust
Garfield Weston Foundation
Ian Stottcher CBE
Mayfield Valley Arts Trust
Foy Foundation
Classic FM Foundation
Leathesmen Charitable Foundation
Help Musicians UK
Dolly Knowles Charitable Trust
The Andor Charitable Trust
Violet Maury Charitable Trust
The Rayne Foundation
The Harold Hymn Wingate Foundation
The Sibell Foundation
The Andrew Lloyd Webber Foundation
The Neil Coward Foundation
Constance Travis Trust
Colin Knox

Partners

Age of Creativity
Arts Development UK
Canterbury Christchurch University
City of London Festival
Creative Inspiration CIC
East Kent NHS Trust
Orders of St John Care Homes Trust
East Kent NHS Trust
Creative Inspiration
CIC
Partners

Arts and Health South West

Partners (Organisations)

Aberdeen International Youth Festival
Arts Across Learning Festival
Blues Festival
Composition Marathon
East Neuk Festival
Edinburgh Festival Fringe
Festival 2014
Luminate
Merchant City Festival
Music at Paxton
Scottish Arts Council
St Magnus International Festival
Volunteer Now

Partners (Festivals)

Aberdeen International Youth Festival
Arts Across Learning Festival
Blues Festival
Composition Marathon
East Neuk Festival
Edinburgh Festival Fringe
Festival 2014
Luminate
Merchant City Festival
Music at Paxton
Scottish Arts Council
St Magnus International Festival
Volunteer Now

Partners

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Arts Development UK
Canterbury Christchurch University
City of London Festival
Creative Inspiration CIC
East Kent NHS Trust
Orders of St John Care Homes Trust
East Kent NHS Trust
Creative Inspiration
CIC
Partners

Arts and Health South West

Partners (Organisations)

Aberdeen International Youth Festival
Arts Across Learning Festival
Blues Festival
Composition Marathon
East Neuk Festival
Edinburgh Festival Fringe
Festival 2014
Luminate
Merchant City Festival
Music at Paxton
Scottish Arts Council
St Magnus International Festival
Volunteer Now
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Assistant Director
Daniella Keenan
Philanthropy Officer
Gillian Shaw
Bookkeeper
Agnes McCluskie
Press Officer
Claire Sawers

Live Music Now operates on a national, regional and local level. The
registered office of Live Music Now Limited is in London where the
England: South East branch office is located. There are further branch
offices in the North East, North West and South West of England and
national branches in Northern Ireland and Wales.

As of the 1 April 2013, Live Music Now Scotland operates as a devolved
branch registered in Scotland as a charity and limited company.
Governance and finance of LMN Scotland is the responsibility of the
LMNI Scotland Board of Trustees, but the branch continues to work
within the framework of Live Music Now.
“Music, amongst all the great arts, is the language which penetrates most deeply into the human spirit, reaching people through every barrier, disability, language and circumstance. This is why it has been my dream to bring music back into the lives of those people whose lives are especially prone to stress and suffering... so that it might comfort, heal and bring delight.”

Yehudi Menuhin